14. (New) A method for performing an adaptive control of at least one of a distance and a a driving speed of a motor vehicle, comprising the steps of:

causing a control device to control an engine of the motor vehicle in at least a first operating mode and a brake of the motor vehicle in a second operating mode;

determining a quantity representing one of a setpoint deceleration and a setpoint acceleration; and

when operating in the first operating mode, making a transition to the second operating mode when the quantity is within a specifiable range of values.

- 15. (New) The method according to claim 14, further comprising the step of: determining the specifiable range of values as a function of a quantity representing a drag torque of the engine.
- 16. (New) The method according to claim 15, wherein:
 the specifiable range of values includes all values less than a threshold value.
- 17. (New) The method according to claim 16, further comprising the step of: forming the threshold value by subtracting a quantity representing a hysteresis from the quantity representing the drag torque.
- 18. (New) The method according to claim 17, wherein:
 starting from a determinable instant, the quantity representing the hysteresis decreases linearly over time from a maximum value to a minimum value.
- 19. (New) The method according to claim 18, wherein:

 the determinable instant is the instant at which the quantity representing one of the setpoint deceleration and the setpoint acceleration is less than the quantity representing the drag torque.

- 20. (New) The method according to claim 18, wherein:
 - a slope with which the quantity representing the hysteresis linearly decreases over time is proportional to a difference of the quantity representing one of the setpoint deceleration and the setpoint acceleration and the quantity representing the drag torque.
- 21. (New) The method according to claim 15, further comprising the step of:

 determining the quantity representing the drag torque as a function of a slope of a road on which the motor vehicle is traveling.
- 22. (New) The method according to claim 21, further comprising the step of: estimating the slope in a rapid operation after a braking intervention.
- 23. (New) The method according to claim 22, wherein:

at least one quantity representing an engine output torque and one quantity representing an actual acceleration of the motor vehicle are taken into consideration for estimating the slope.

24. (New) A method for performing an adaptive control of at least one of a distance and a driving speed of a motor vehicle, comprising the steps of:

causing a control device to control an engine of the motor vehicle in at least a first operating mode and a brake of the motor vehicle in a second operating mode; and

when operating in the second operating mode, making a transition to the first operating mode when the brake has no more decelerating effect.

25. (New) The method according to claim 24, wherein:

the brake makes available a signal on a bus system when no more decelerating effect is present.